

# WHO IS JESUS?



by Heather Molendyk



**2mins.** *with Jesus*

HOLY MOMENTS for Busy Moms and Little Ones



Presbyterian Church in America

**DISCIPLESHIP MINISTRIES**

1700 North Brown Road | Suite 102 | Lawrenceville, Georgia 30043  
www.pcabookstore.com | 1.800.283.1357

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Although many publishers do not capitalize terms, and particularly pronouns which refer to the Trinity, in this study CDM publications has capitalized those elements for clarity of reference.

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# DEVOTIONAL 1: JESUS IS HERE!

## For the Mama's Heart

### *Feasting on the Word*

Read Luke 2:1-21.

### *Digesting the Word*

*Read through the devotional passage. Fill in the blanks with words found in the scripture passage indicated as you go along.*

It was a life-changing event. All citizens were ordered by the ruling political power to move to their family's hometown in order to be counted. Even though Mary was with \_\_\_\_\_ (Luke 2:5), she and Joseph needed to return to Bethlehem.

To Mary, this move may have caused all sorts of swirling emotions—fear, anxiety, irritation, and frustration. After all, what pregnant woman wants to pack up, leave her support network, and travel a hard road to a place unfamiliar to her? But God had promises to fulfill.

It had been foretold that the Messiah would be born in the “city of \_\_\_\_\_” (vv. 4 and 11). Using the political power of the day, God moved the pieces so that on “this day in the city of David a \_\_\_\_\_, who is Christ the \_\_\_\_\_” would be born just as God had promised generations before (v. 11). God is always in control. God has a plan. God always keeps His promises.

The next time you, sweet mama, feel that all the world around you is pushing you in fearful directions, remember your faithful God. Give “\_\_\_\_\_ to God in the highest” (v. 14). Rest in His power and peace. He’s got this!

### *Writing the Word*

Copy Jeremiah 29:11 in the space below.

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### *Praying the Word*

List some things in your life right now that seem to be out of control. Surrender them to the Lord’s power. Ask for His wisdom and peace.

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## *Activity for Mom*

Play favorite Christmas music that celebrates Jesus's birth. Marvel on the gift that God gave His people by sending us His Son.

## For the Child's Heart

### **Reading the Word**

*Read the following Bible story simplified from Luke 2:1-21 to your child(ren). Feel free to use pictures from a favorite Bible story picture book to help hold their attention as needed.*

**In the fields, shepherds watched their flocks at night. An angel appeared, and the glory of God shone around them. The shepherds were afraid.**

**“Don't be afraid,” the angel said. “I have good news for all people. For unto you a Savior is born. You will find the baby wrapped in cloths and lying in a manger.”**

**And suddenly the sky filled with angels singing, “Glory to God!”**

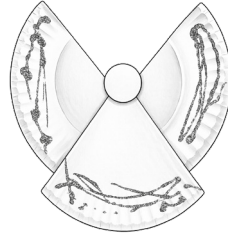
**When the angels left, the shepherds said, “Let's go see this baby!”**

**They ran and found Mary, Joseph, and the baby Jesus who was sleeping in a manger.**

## **Craft Time: Paper Plate Angels**

### **Materials:**

- Standard size white paper plate (one for each child)
- Silver glitter
- White cardstock paper
- Scissors
- Liquid glue



### **Directions:**

1. Before craft time, cut a large triangle shape from two points at the bottom of the white paper plate to one point at the middle (like a large slice of pie). This will be the angel's gown.
2. Flip the remaining curved portion of the paper plate over to be the angel's wings so that the space from where you cut the triangle is at the top between the wings.
3. Help your child glue the triangle (gown) to the bottom center of the plate between the "wings."
4. Cut out a round shape from the white cardstock paper to make the angel's head.
5. Help your child glue the angel's head to the top of the gown.
6. Using liquid glue and glitter, help your child adorn the angel.
7. Allow glue and glitter to completely dry before handling.

## **Snack Time: Christmas Sugar Cookies**

### **Materials:**

- Make or purchase Christmas sugar cookies
- Optional: colored icing and sprinkles

**Directions:**

1. Say a prayer thanking God for sending baby Jesus and for providing a yummy snack.
2. Serve your child a Christmas sugar cookie.
3. Optional: decorate cookies before eating.

**Action Activity: Find Baby Jesus Game**

**Materials:**

- Baby doll
- Clear, open space to move around

**Directions:**

1. Have your child close their eyes.
2. Place a baby doll (“baby Jesus”) somewhere in the room.
3. Have your child open their eyes.
4. Ask your child, “Where is baby Jesus?”
5. Have your child run to where the baby doll is.
6. Continue to play as long as there is interest.

**Outdoor Exploration: Nighttime Camp Fire**

**Materials:**

- Camp fire materials (items will vary based on your situation)
- Optional: guitar or other music source

**Directions:**

1. Take your child outside to enjoy a real or pretend campfire.
2. Sit around the campfire on the ground as the shepherds did.
3. Sing Christmas carols together to celebrate the birth of Jesus.

## **Sensory Bin: Christmas Nativity**

### **Materials:**

- Large plastic storage tub with clear lid
- Green felt
- Plastic nativity set
- Toy sheep or cotton balls (to be used as sheep)

### **Directions:**

1. Line the bottom of a plastic storage tub with green felt.
2. Set the plastic nativity set and toy sheep/cotton balls inside the bin.
3. Let your child set up the nativity to retell the Christmas story.
4. Play as long as there is interest.